



AQUATICS

SPRING AQUATICS SCHEDULE

April 3 to June 2, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30-9:00am	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim (7:00-8:45)	Length & Leisure Swim (7:00-8:15)	
9:00-10:00am	Lessons*		Lessons*			Exclusive Lessons (9:00-12:00)	Exclusive Lessons (8:30-10:00)	
9:00-10:30am		Lessons*		Lessons*				
9:15-10:00am	Aqua Fit Shallow (8:15-9am)	Aqua Fit Shallow	Aqua Fit Shallow (8:15-9am)	Aqua Fit Shallow	Aqua Fit Shallow (8:15-9am)		Discount Swim \$2 (10:15- 12:15)	
10:00am-12:00pm	School Rental	School Rental	School Rental	School Rental	School Rental			
12:00-1:00pm	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Public Swim (12:15-8:00)	Public Swim (12:30-3:15)	
12:15-1:00pm	Aqua Fit Deep			Aqua Fit Deep				
1:00-3:00pm	School Rental	School Rental	School Rental	School Rental	School Rental			
	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim			
3:00-6:30pm	Exclusive Lesson Time - Leisure and Lane Swim Not Available							Exclusive Lessons (3:30-6:30)
	Swim Lessons	Swim Lessons & Swim Club	Swim Lessons	Swim Lessons & Swim Club	Swim Lessons			
6:30-8:00pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim		Public Swim	
8:00-9:00pm	Length & Leisure Swim & Lessons	Length & Leisure Swim	Length & Leisure Swim & Lessons	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	

Pool Closed: Sun May 12, 12:30-3:30pm for aquatic staff training. Pool closed Sat May 25 & Sun May 26 for the annual swim meet.

Pool is open 8:30am to 4:30pm on statutory holidays. Classes do not run on statutory holidays and their weekends. Schedule subject to change.

*Swimmers may be asked to move to different areas of the pool to accommodate swim lessons.



Our aquatics team maintains the highest standards of training to ensure your safety and enjoyment while visiting the Mission Leisure Centre. In addition to a variety of programming offered in the pools, daily public swims are also available for community members and guests.

Sauna, Steam Room & Hot Tub Hours

Mon-Fri	5:30am-9:00pm
Saturday	7:00am-9:00pm
Sunday	7:00am-9:00pm

Water Slide & Rope Swing Hours

Mon-Fri	6:45pm-7:45pm
Saturday	12:15pm-7:45pm
Sunday	10:15am-12:15pm 12:30pm-3:15pm 6:45pm-7:45pm



Children under 7 must be within **arms' reach of an adult** accompanying them in the water at all times while swimming at our facility.



**CLICK HERE
FOR MORE POOL
INFO**

or visit
mission.ca/aquatics



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RATES**

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[mission.ca/
schedulesandfees](https://mission.ca/schedulesandfees)



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CLASSES**

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mission.ca/fitness



Wrap up your summer with a splash!

H2O Follies Summer Wrap-up Event

Friday Aug 23 - 4:00-9:00pm

- Pool party • 4:00-6:00pm
- Monster Foam Party • 4:00-6:00pm
- Music, Stories and Entertainment
- Good old fashioned fun

Pool and Mission Leisure Centre Grounds.

mission.ca/H2Ofollies



Pro-D Day Swim

Friday May 17
10:00am-3:00pm

Join us for some fun in the pool on Pro-D days. Waterslide and rope swing will be open!

- Admission for children 3-12 years is \$1.00 and youth 13-18 years is \$2.00.
- Regular admission rates for adults and seniors.



AQUATICS

SPRING AQUATICS SCHEDULE

June 3 to June 30, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-9:00am		Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim		
6:30-7:30am	Length & Leisure Swim	Swim Club - Main Pool not available at this time				Length & Leisure Swim (7:00-8:45)	Length & Leisure Swim (7:00-8:15)
7:30-9:00am		Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim		
9:00-10:00am	Lessons*		Lessons*			Exclusive Lessons (9:00-12:00)	Exclusive Lessons (8:30-10:00)
9:00-10:30am		Lessons*		Lessons*			
9:15-10:00am	Aqua Fit Shallow (8:15-9am)	Aqua Fit Shallow	Aqua Fit Shallow (8:15-9am)	Aqua Fit Shallow	Aqua Fit Shallow (8:15-9am)		Discount Swim \$2 (10:15- 12:15)
10:00am-12:00pm	School Rental	School Rental	School Rental	School Rental	School Rental		
12:00-1:00pm	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)	Length & Leisure (3 Lanes)		
12:15-1:00pm	Aqua Fit Deep			Aqua Fit Deep			
1:00-3:15pm	School Rental	School Rental	School Rental	School Rental	School Rental	Public Swim (12:15-8:00)	Public Swim (12:30-3:15)
	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim		
3:30-6:30pm	Exclusive Lesson Time - Leisure and Lane Swim Not Available						Exclusive Lessons (3:30-6:30)
	Swim Lessons & Swim Club	Swim Lessons & Swim Club	Swim Lessons & Swim Club	Swim Lessons & Swim Club	Swim Lessons & Swim Club		
6:30-8:00pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim		Public Swim
8:00-9:00pm	Length & Leisure Swim & Lessons	Length & Leisure Swim	Length & Leisure Swim & Lessons	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim	Length & Leisure Swim

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