

The **Minutes** of the **Mission Community Wellness Committee meeting** held at the Harbour Centre, 33428 Harbour Avenue, Mission, British Columbia, on Tuesday, October 16, 2018 from 8:30 a.m. to 10:00 a.m.

Members Present: Sanjay Gulati, Mission Community Services Society
Andrew Larder, Fraser Health Authority
Judith Ray, Member-at-Large
Laura Wilson, Mission Early Childhood Development
Danny Plecas, Councillor, District of Mission
Maureen Sinclair, Parks, Recreation and Culture, District of Mission
Nicole Kiniski, Member-at-Large
Marilyn Collins, Fraser Valley Aboriginal Child & Youth Services
Shona Brown, Mission Division of Family Practice
Kirsten Hargreaves, Social Development, District of Mission
Heather Andrews, Mission Seniors' Centre Association
Cynthia Coyle, Fraser House
Tamara Stanley, Fraser Health

Members Absent: Michele Lylyk, Mission Friendship Centre
Elizabeth Thomas, Member-at-Large
Paul Horn, Member-at-Large

Others Present: Jennifer Ortman, Social Development, District of Mission
Donna Gibson, Mission Literacy in Motion
Caroline Bouvier, Practicum Student, Mission Mental Health
Parveen Gill, Practicum Student, Mission Mental Health
Krista De Sousa, Corporate Administration, District of Mission

1. CALL TO ORDER

The meeting was called to order by Kirsten Hargreaves, acting chair, at 8:37 a.m.

2. ADOPTION OF AGENDA

Moved by Laura Wilson, and

RECOMMENDED:

That the agenda for the Mission Community Wellness Committee meeting of October 16, 2018 be adopted.

CARRIED

3. COMMITTEE MINUTES FOR APPROVAL

Moved by Judith Ray, and

RECOMMENDED:

That the minutes of the March 13, 2018 Mission Community Wellness Committee meeting be adopted.

CARRIED

4. PRESENTATIONS

a) Mission Food Security In Action Initiative – Sanjay Gulati

S. Gulati presented an overview of “Grapevine” which is an app/website being designed in Mission to help improve food security and reduce food waste. A \$25,000 grant was received to fund this initiative on the basis that it will help to connect people who are in need of food with people who have a surplus of food using modern technology. “Grapevine” is a pilot project for Mission (February 2018 to February 2019) but if successful it could continue across the Fraser Valley.

Mr. Gulati also reported on another initiative, “Bricks and Mortar” which is a project being undertaken to determine the feasibility of a dedicated food centre in the Fraser Valley. This centre would also function as a skills centre and active food hub where people could access food-centred training and establish community and food-related connections.

b) Community Action Initiative Grant Presentation – Sanjay Gulati

S. Gulati presented an overview of the CAI initiative that Mission Community Services is working on in partnership with Fraser Health and Fraser House. A grant was received for \$75,000 for these organizations to connect with local businesses and aboriginal communities in rural areas of Mission to provide opioid and naloxone training and distribute naloxone kits. Discussion ensued regarding peer engagement, community awareness and partnerships, identifying the demographics of those who will benefit from this initiative and a possible partnership with Maple Ridge to serve the west Mission/east Maple Ridge area.

5. FOLLOW UPS, UPDATES & PRESENTATIONS

a) Opioid Dialogues Grant Funding Update – Tamara Stanley

T. Stanley reported that a grant for \$7,500 was received from the University of Victoria to create community dialogues around substance abuse. This grant will be split into two areas with \$5,000 dedicated to naloxone training and dialogues with youth in four identified target schools and \$2,500 dedicated to broader community dialogues.

J. Ortman reported that a survey is being developed by Impact Society and MY House around community perceptions surrounding drug use. Discussion ensued about the survey’s purpose, how it will be distributed and possible partnerships with community groups to aid with the distribution.

b) Mission Active Support Team – Kirsten Hargreaves

K. Hargreaves provided background information about the principles and guiding model of the MAST team. An overview was given of how the group works, commonly identified risk factors, plan intervention, challenges the program faces, evaluation of the

project/team, database analysis(statistics) from the past year, and recommendations and future opportunities for the MAST team.

Discussion ensued regarding multi-agency collaborations, crisis response, trauma informed practice, MAST's future goals and principles of leadership, advocacy, and policy changes in the region going forward.

c) Upskilling Community Opportunities – Kirsten Hargreaves

K. Hargreaves reported that she has been liaising with a variety of community groups to discuss ways to upskill the community by bringing staff together from different agencies, engaging and educating community groups that are dealing with social issues, and building a shared regional data base with Abbotsford and Chilliwack regarding affordable housing and homelessness.

6. ADJOURNMENT

The Chair adjourned the meeting at 10:06 a.m.