

The **Agenda** for the **MISSION COMMUNITY WELLNESS COMMITTEE** meeting to be held at the Mission Seniors Activity Centre at 33100 – 10th Avenue, Mission, British Columbia, on Monday, September 30, 2019 from 8:30 a.m. to 11:30 a.m.

1. CALL TO ORDER

2. ADOPTION OF AGENDA

3. MEETING MINUTES AND WORKSHOP REPORT FOR APPROVAL

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4. FOLLOW UPS, UPDATES AND PRESENTATIONS

- (a) **Mission Food Access Network Relaunch**
Emily Hunn (Fraser Health Authority) – 30 minutes
- (b) **Reconciliation Work with Indigenous Community**
Nicole Kiniski (Fraser Health Authority) and Marilyn Collins (Fraser Valley Aboriginal Child and Family Services) - TBD
- (c) **Housing Needs Study Update and Overview**
Jen Ortman (District of Mission Social Development Housing Coordinator) - TBD
- (d) **Engaged Community Guide Program Update**
Kelsey Bissegger (Mission Community Services Society) - TBD
- (e) **Mission Active Support Team (MAST) Year Two Statistics**
Kirsten Hargreaves (District of Mission) – 15 minutes
- (f) **Social Planning and Research Council of BC (SPARC) Grant and Mission Community Addictions Action Table (MCAAT) Grant Update**
Kirsten Hargreaves (District of Mission) and Judith Pellerin (MCAAT Chair) – TBD
- (g) **Community Wellness Committee Fall Forum**
Kirsten Hargreaves (District of Mission) – TBD

5. ADJOURNMENT

The **Minutes** of the **Mission Community Wellness Committee meeting** held at the Harbour Centre, 33428 Harbour Avenue, Mission, British Columbia, on Tuesday, October 16, 2018 from 8:30 a.m. to 10:00 a.m.

Members Present: Sanjay Gulati, Mission Community Services Society
 Andrew Larder, Fraser Health Authority
 Judith Ray, Member-at-Large
 Laura Wilson, Mission Early Childhood Development
 Danny Plecas, Councillor, District of Mission
 Maureen Sinclair, Parks, Recreation and Culture, District of Mission
 Nicole Kiniski, Member-at-Large
 Marilyn Collins, Fraser Valley Aboriginal Child & Youth Services
 Shona Brown, Mission Division of Family Practice
 Kirsten Hargreaves, Social Development, District of Mission
 Heather Andrews, Mission Seniors' Centre Association
 Cynthia Coyle, Fraser House
 Tamara Stanley, Fraser Health

Members Absent: Michele Lylyk, Mission Friendship Centre
 Elizabeth Thomas, Member-at-Large
 Paul Horn, Member-at-Large

Others Present: Jennifer Ortman, Social Development, District of Mission
 Donna Gibson, Mission Literacy in Motion
 Caroline Bouvier, Practicum Student, Mission Mental Health
 Parveen Gill, Practicum Student, Mission Mental Health
 Krista De Sousa, Corporate Administration, District of Mission

1. **CALL TO ORDER**

The meeting was called to order by Kirsten Hargreaves, acting chair, at 8:37 a.m.

2. **ADOPTION OF AGENDA**

Moved by Laura Wilson, and

RECOMMENDED:

That the agenda for the Mission Community Wellness Committee meeting of October 16, 2018 be adopted.

CARRIED

3. **COMMITTEE MINUTES FOR APPROVAL**

Moved by Judith Ray, and

RECOMMENDED:

That the minutes of the March 13, 2018 Mission Community Wellness Committee meeting be adopted.

CARRIED

4. PRESENTATIONS

a) Mission Food Security In Action Initiative – Sanjay Gulati

S. Gulati presented an overview of “Grapevine” which is an app/website being designed in Mission to help improve food security and reduce food waste. A \$25,000 grant was received to fund this initiative on the basis that it will help to connect people who are in need of food with people who have a surplus of food using modern technology. “Grapevine” is a pilot project for Mission (February 2018 to February 2019) but if successful it could continue across the Fraser Valley.

Mr. Gulati also reported on another initiative, “Bricks and Mortar” which is a project being undertaken to determine the feasibility of a dedicated food centre in the Fraser Valley. This centre would also function as a skills centre and active food hub where people could access food-centred training and establish community and food-related connections.

b) Community Action Initiative Grant Presentation – Sanjay Gulati

S. Gulati presented an overview of the CAI initiative that Mission Community Services is working on in partnership with Fraser Health and Fraser House. A grant was received for \$75,000 for these organizations to connect with local businesses and aboriginal communities in rural areas of Mission to provide opioid and naloxone training and distribute naloxone kits. Discussion ensued regarding peer engagement, community awareness and partnerships, identifying the demographics of those who will benefit from this initiative and a possible partnership with Maple Ridge to serve the west Mission/east Maple Ridge area.

5. FOLLOW UPS, UPDATES & PRESENTATIONS

a) Opioid Dialogues Grant Funding Update – Tamara Stanley

T. Stanley reported that a grant for \$7,500 was received from the University of Victoria to create community dialogues around substance abuse. This grant will be split into two areas with \$5,000 dedicated to naloxone training and dialogues with youth in four identified target schools and \$2,500 dedicated to broader community dialogues.

J. Ortman reported that a survey is being developed by Impact Society and MY House around community perceptions surrounding drug use. Discussion ensued about the survey’s purpose, how it will be distributed and possible partnerships with community groups to aid with the distribution.

b) Mission Active Support Team – Kirsten Hargreaves

K. Hargreaves provided background information about the principles and guiding model of the MAST team. An overview was given of how the group works, commonly identified risk factors, plan intervention, challenges the program faces, evaluation of the

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project/team, database analysis(statistics) from the past year, and recommendations and future opportunities for the MAST team.

Discussion ensued regarding multi-agency collaborations, crisis response, trauma informed practice, MAST's future goals and principles of leadership, advocacy, and policy changes in the region going forward.

c) Upskilling Community Opportunities – Kirsten Hargreaves

K. Hargreaves reported that she has been liaising with a variety of community groups to discuss ways to upskill the community by bringing staff together from different agencies, engaging and educating community groups that are dealing with social issues, and building a shared regional data base with Abbotsford and Chilliwack regarding affordable housing and homelessness.

6. ADJOURNMENT

The Chair adjourned the meeting at 10:06 a.m.

District of Mission

Mission Community Wellness Committee WORKSHOP REPORT

June 10, 2019 at 8:30 a.m. in Multi-Purpose Room 4A/B of the Leisure Centre 7650 Grand Street, Mission, BC.

Present:

- Paul Horn, Member-at-Large
- Judith Ray, Member-at-Large
- Elizabeth Thomas, Member-at-Large
- Mark Davies, District of Mission Council
- Shona Brown, Mission Division of Family Practice
- Marilyn Collins, Xyolhemeylh
- Dragana Djordjevic, Fraser Health Authority
- Karen Flanagan, Union Gospel Mission
- Brynn Fominoff, Fraser Health Authority
- Kirsten Hargreaves, District of Mission
- Emily Hunn, Fraser Health Authority
- Bob Ingram, Mission Seniors Centre Association
- Leesa Kelly, Ministry of Social Development and Poverty Reduction
- Deborah Kendze, Mission Library
- Nicole Kiniski, Fraser Health Authority
- Karen Laing, Mission Community Services Society
- Andrew Larder, Fraser Health Authority
- Tony Ma, Centennial Place
- Jennifer Ortman, District of Mission
- Judith Pellerin, Fraser Health Authority
- Larina Reye-Smith, Fraser Health Authority
- Maureen Sinclair, District of Mission
- Kelsey Stele, Fraser Health Authority
- Connelle Styles, Ministry of Social Development and Poverty Reduction
- Laura Wilson, Ministry of Child and Family Development

Regrets:

- Cynthia Coyle, Fraser House Society

1. WELCOME AND INTRODUCTIONS

Judith Ray welcomed the group and facilitated introductions of both Committee members and guests in attendance.

2. MISSION DIVISION OF FAMILY PRACTICE AND FRAER HEALTH UPDATE

Shona Brown and Brynn Fominoff reviewed the Mission Primary Care Network: Together for Health plan overview. Components include: Community Engagement, Data Review and Analysis, Attachment gaps and strategies and Urgent Primary Care Services. The PowerPoint presentation will be distributed with the workshop report.

3. PROPOSED OAT CLINIC OVERVIEW

Dr. Larina Reye-Smith presented an overview of In-Phase Care Clinic and proposed wrap around services. The vision is comprehensive, collaborative and focused on coordinating medical and allied services for all patients as well as decreasing barriers to access to all relevant services (case conferencing, positive relationships with local agencies and willingness to cooperate etc.). Themed services will include: Medical, Counselling, Allied, Education, Patient led program and other services. Related attachments will be included with the workshop report.

4. MISSION COMMUNITY ADDICTION ACTION TABLE (MCAAT), RURAL TAKE HOME NALOXONE INITIATIVE AND YOUTH DIALOGUES UPDATES

Judith Pellerin presented an overview of the newly formed MCAAT table, an overview of the rural take home naloxone initiative and the youth dialogues update. Additional dialogues will take place in the fall and work towards a compassion campaign in Mission that originally began in the Spring of 2019.

5. MAST UPDATE, HOARDING STRATEGY AND HOMELESS COUNT 2020

Kirsten Hargreaves provided an overview of the Mission Active Support Team/Table, the 1 Year Evaluation Themes, plans for the 2 Year Evaluation and the upcoming Homeless Count scheduled for March 2020. The MAST PowerPoint will be included with the workshop report.

6. DISTRICT OF MISSION HOUSING NEEDS STUDY AND AFFORDABLE HOUSING STRATEGY

Jennifer Ortman presented an overview of the Housing Needs Study to be conducted in Mission January 2019 – December 2019. The PowerPoint will be included with the workshop report.

7. STONE SOUP, GRAPEVINE AND ECG PROGRAM UPDATE

Paul Horn provided an update on three local community initiatives. Stone Soup is not a committee but a philosophy and approach to homelessness work in Mission. Grapevine is a new community initiative that focuses on food sharing for individuals, families and agencies. The Engaged Community Guide program experienced a very successful pilot and is now launching into Phase 2 exploring funding and sustainability options moving forward. The PowerPoint will be attached to the workshop report: <https://www.facebook.com/pages/category/Kitchen-Cooking/Grapevine-Food-Sharing-1337554223046644/>.

8. ROUNDTABLE AND NEXT STEPS DIALOGUE

Nicole Kiniski and Marilyn Collins provided some context for dialogue for reconciliation work with our Indigenous community. This item will be brought forward at the September meeting. Dr. Andrew Larder spoke to the value in presenting the impact of climate change from a community health perspective as follow up to notification of cooling centres in community. This item will also be brought forward at the September meeting. It was determined that the next meeting of the Community Wellness Committee will take place September 30, 2019 from 8:30 a.m. to 11:30 a.m. at the Mission Leisure Centre.

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Workshop Report – June 10, 2019

ATTACHMENTS:

- Mission Primary Care Network: Together for Health PowerPoint
- Proposed Oat Clinic Overview Handouts
- MCAAT, RTHN Initiative and Youth Dialogues PowerPoint
- Mast Overview PowerPoint
- Stone Soup, Grapevine and ECG Program Update PowerPoint
- Community Cooling Centre poster

Next Meeting: September 30, 2019 at 8:30 a.m.