



The **Minutes** of the Mission Community Wellness Committee meeting held in the **Council Chambers** at 8645 Stave Lake Street, Mission, British Columbia on February 24, 2020 commencing at 8:30 a.m.

Members Present: Judith Ray, Chairperson
Jennifer Breakspear, SARA for Women
Kimberly Bergen, Mission Division of Family Practice
*Alex Choi, Fraser Health Authority
Cynthia Coyle, Fraser House Society
Kirsten Hargreaves, Social Development, District of Mission
Judith Pellerin, Fraser Health Authority, Public Health
Laura Wilson, Ministry of Children and Family Development

Members Absent: Paul Horn, Member-at-Large
Elizabeth Thomas, Member-at-Large
Nicole Kiniski, Member-at-Large
Deborah Kendze, Fraser Valley Regional Library
Bob Ingram, Mission Seniors Centre Association
Mary Rhode, Fraser Health Authority
Michele Lylyk, Mission Friendship Centre
Marilyn Collins, Xyolhemeylh
Michelle Puffer, Mission Community Services Society
Councillor Mark Davies, District of Mission
Maureen Sinclair, Parks, Recreation and Culture, District of Mission

Others Present: Dragana Djordjevic, Fraser Health Authority, Environmental Health
Emily Hunn, Fraser Health Authority, Community Health
Kat Wahamaa, Mission Overdose Community Action Team
Karen Flanagan, Union Gospel Mission
Katelyn Pesut, Social Development, District of Mission
Krista De Sousa, Corporate Administration, District of Mission
*Present for a portion of the meeting

1. CALL TO ORDER

The meeting was called to order at 8:35 a.m.

2. ADOPTION OF AGENDA

Moved by Kirsten Hargreaves, and

RECOMMENDED:

1. That items 4(b) "CO-VID 19" be added to the agenda under "New Business" and 5(d) "Reconciliation Update" be added to the agenda under "Follow-Ups and Updates."

2. That the February 24, 2020 Mission Community Wellness Committee agenda be approved as amended.

CARRIED

3. MEETING MINUTES AND WORKSHOP REPORT FOR APPROVAL

Moved by Laura Wilson, and

RECOMMENDED:

That the Mission Community Wellness Committee meeting minutes – September 30, 2019 be adopted.

CARRIED

4. NEW BUSINESS

(a) Homeless Count 2020 Introduction and Overview

Kirsten Hargreaves provided a presentation on the homeless count which outlined its history, purpose and process as well as the statistics of the 2017 count in the District of Mission and Fraser Valley Regional District. The next homeless count will take place on March 3, and 4, 2020.

(b) CO-VID 19

Dr. Choi provided information on the CO-VID 19 virus and outlined Fraser Health's plan to protect against the virus including virus testing, containment plans and the resources required should the virus be seen on a greater community level. Fraser Health is encouraging communities to be organized and prepare community-wide plans in the case that the virus is identified in Mission.

Discussion ensued regarding potential strategies that could be used in order to ensure homeless individuals and vulnerable persons with the virus have access to resources, assistance and services, and the potential plans for the municipality and local organizations to address the health of the community should the virus be identified here.

(c) Mission Community Health Partnership

Judith Ray provided background on the history of the partnership and explained its mandate; to be a citizen-driven community organization to assist in identifying the health care and hospital needs required to build and keep Mission a healthy community.

Priorities of the partnership were discussed including: to explore and acquire the equipment required for diagnostic services in Mission, to find health care providers in the community to staff the emergency room, and to attract general practitioners to the community.

An update was provided on the accomplishments made by the partnership to date and the goals of the partnership moving forward were outlined including community engagement and possible partnerships with the University of the Fraser Valley's health hub.

Discussion ensued regarding identifying the needs of the partnership on the community level for their mandate and goals to be achieved, the potential of the partnership evolving

into a non-profit agency in the future, and a health fair organized by the partnership which will take place on May 9, 2020.

(d) Poverty Reduction Grant Application Intent and Focus Groups

Kirsten Hargreaves provided the history, purpose, and approach regarding BC's poverty reduction strategy. An application has been prepared for a funding opportunity of \$25,000 to address four significant needs in our community; food security, access to health care, social support, and mental health and addictions.

5. NEW BUSINESS

(a) Distribution of Updated Committee Map

Katelyn Pesut provided an updated Mission Community Map listing the committees, networks and local initiatives in the community and their purpose and contact information.

(b) Affordable Housing Strategy Update

Kirsten Hargreaves provided an update on the affordable housing strategy including the identification of issues and gaps in the strategy, challenges associated with affordable housing, and the process being undertaken to update data relevant to the strategy. It is hoped that the update process will be completed by the end of 2020.

(c) Social Health Committee Updates and Roundtable

Committee members provided updates from their respective organizations:

Laura Wilson, of the Ministry of Children and Families, reported that they are working on providing programming and training for parents focusing on reducing stress, parental wellness, creating connections and responsiveness with their children, and understanding and supporting children's development. Laura also stated that she attended a training and information session focused on intimate violence at UFV.

Jennifer Breakspear, of SARA for Women, shared that this organization has recently changed the level of education that their counsellors must possess; moving from a Bachelor Degree to a Masters Degree as these counsellors work with complex cases dealing with women and children who are escaping violence. Jennifer also provided information on a professional development and self care workshop for women in the social development field that SARA for Women will be facilitating focusing on resiliency and solidarity in community work, team work and boundaries.

Kirsten Hargreaves, of the District of Mission, reported that a parent dialogue series, in conjunction with Mission Public schools, is being offered over the next few months. The first session was held last week and focused on keeping youth safe, violence in relationships, and pornography. Kirsten also shared that she is planning to increase her involvement in the handling of critical incidents in the community, and in preparation of such, is currently completing "Critical Incident and Stress Management Training" with the Justice Institute of BC.

Kat Wahamaa, of Mission Overdose Community Action Team, provided information on the upcoming film event "Flood", which focuses on the overdose epidemic including impacts of it and potential solutions. The event will feature an arts-based community dialogue, the development of a community tool building kit, information on harm reduction, as well as possible naloxone training. Kat also provided information on a low barrier

singing group whose members are or have been facing addiction or have lost family members to drug use and addiction, and a peer grief group for people who have lost a family member due to drug use.

Cynthia Coyle, of Fraser House, reported that this organization has a new outreach worker on staff who has started to engage with people in the community who were not coming in to the organization to access services. Cynthia also reported that Fraser House has received a grant for funding to host a program for teenage girls focused on alcohol use.

Karen Flanagan, of the Union Gospel Mission, reported that their recovery home for women in addiction, Lydia Home, is providing their staff with a building resiliency program.

Emily Hunn, of Fraser Health, provided an update on the new food security committee stating that they are working on developing a name and a vision, and are recruiting for new committee members that are passionate about food security.

Judith Pellerin, of Fraser Health, provided an update on the Mission Overdose Community Action Team stating that they have maintained rural connections with the First Nations communities and are looking to continue to work with them.

Judith Ray provided an update on the Primary Care network stating that they are still in discussion with the ministry to work on acquiring a CT scanner.

(d) Reconciliation Update

Laura Wilson provided an update on a reconciliation event she attended and shared the purpose and process of reconciliation as the understanding of what happened in the past, how it may be presented today and acknowledging and sharing the historical truth.

Discussion ensued regarding processes involved in reconciliation and how organizations and the broader community can get involved, get conversations started and change attitudes towards indigenous people.

Moved by Jennifer Breakspear, Seconded by Cynthia Coyle, and

RECOMMENDED:

That Council support the Calls to Action from the Truth and Reconciliation Commission of Canada as they relate to the District of Mission.

CARRIED

6. ADJOURNMENT

The Chair adjourned the meeting at 10:27 a.m.