

The **Minutes** of the **Mission Community Wellness Committee meeting** held in the Board Room at Riverside College, 33919 Dewdney Trunk Road, Mission, British Columbia, on Tuesday, March 14, 2017 from 4:00 p.m. to 5:30 p.m.

Members Present: Bob Ingram, Acting Committee Chair, Mission Seniors' Centre Assn.
Paul Horn, Riverside College / Stone Soup
Judith Ray, Mission Association for Seniors' Housing

Members Absent: Michele Chapman-Sheaves, School Champions
Elizabeth Thomas, Food Security

Others Present: Shona Brown, Mission Division of Family Practice
Kristin Dalen, University of the Fraser Valley
Sanjay Gulati, Mission Community Services Society
Kirsten Hargreaves, Manager of Social Development, DOM
Jenny Hill, District of Mission
Robert Jeffery, Centennial Place
Leesa Kelly, MSDSI / Community Outreach Network
Andrew Larder, Fraser Health Authority
Joanna McBride, Volunteer Mission
Diana Muntigl, Lifetime Learning
Brynn Fominoff, Fraser Health Authority
Maureen Sinclair, District of Mission

1. CALL TO ORDER at 4:00 p.m.

Bob Ingram chaired the meeting.

2. ADOPTION OF AGENDA

Moved by Paul Horn, and

RECOMMENDED:

1. That the following items be added to the agenda:
 - Item 4(a) "Delegation: Positive Living Fraser Valley - Mike Zonta"
 - Item 4(b) "Mission Food Access Network Update – Elizabeth Thomas"
2. That the following item be renumbered in the agenda:
 - "Delegation: Stop the Sexual Exploitation of Children and Youth Awareness Week – D. Klassen" from Item 5 to Item 4(h)
3. That the agenda for the March 14, 2017 Mission Community Wellness Committee meeting be adopted as amended.

CARRIED

3. COMMITTEE MINUTES FOR APPROVAL

Moved by Judith Ray, and

RECOMMENDED: That the following minutes be adopted:

- Mission Community Wellness Meeting – January 10, 2017

CARRIED

4. FOLLOW UPS, UPDATES & PRESENTATIONS

a) Delegation: Positive Living Fraser Valley – Mike Zonta

Mr. Zonta's delegation was deferred as he was not available to provide his presentation.

b) Mission Food Access Network Update – Sanjay Gulati for Elizabeth Thomas

Sanjay Gulati provided an update on food security in Mission. Currently MFAN is in the process of renewing its structure, exploring new funding models, and expanding its projects and network. MCWC members are encouraged to provide their ideas and feedback. For members involved in food projects, please contact the MFAN Coordinator, Brenna Maag at missionfoodaccess@hotmail.com, to be included in the new website and network newsletter.

Mr. Gulati advised that Mission Community Services Society can oversee the food centre program, but noted that the new model needs to be sustainable. Lexi Richards will be brought in to lead the restructuring and implementation of the new food centre which will be located at the former Food Central location on Logan Avenue.

c) Volunteer Centre Update – Joanna McBride

Joanna McBride provided an update on the status of 'Volunteer Mission'. Paul Horn is assisting with the creation of a video for the Volunteer Centre which will be available for viewing at the May 9th MCWC meeting. Ms. McBride distributed 'Volunteer Mission' brochures and certificates to the committee.

As April 23rd to 29th is Volunteer Appreciation Week, a volunteer celebration event at Heritage Park is being planned for Saturday, April 29th at 1:00 p.m.

The 'Better Impact' volunteer management software was recently purchased. After receiving the software training tomorrow, Ms. McBride will prepare and issue a press release.

d) Sustainable Housing Committee – Judith Ray and Sanjay Gulati

Judith Ray advised that the Sustainable Housing Committee met last week and identified several key issues which can be quickly acted upon and recommended to Council. The committee has set up working groups to work on each of these key issues between now and May. The key issues which have been identified are as follows:

- i. how to create mini-storage solutions for homeless people to ensure the safety and security of their possessions;

- ii. the review of several items in the proposed Official Community Plan such as incentives to developers to build low-cost housing, density bonuses, and universal design issues;
- iii. addressing issues in regards to secondary suites and the related policies;
- iv. how to effectively engage the consumer group who are affected by the above-noted issues.

e) Homeless Count Update – Kirsten Hargreaves

Kirsten Hargreaves reviewed the 2017 Homeless Count process and training. Forty volunteers went out in pairs to help take the count. The raw data will be provided to the Fraser Valley Regional District who will compile the numbers into reports, graphs and charts. The first homeless count information meeting will be held on March 22, 2017. Currently, the count totals are not being released to ensure they are announced in proper context. There were 75 homeless people identified during the last count which occurred in 2014.

f) Stone Soup / Community Cares Update – Paul Horn

Mission Action Situation Table – the grant received from the Homelessness Partnership Strategy, and Council’s matching grant, will be used to initiate the Mission Action Situation Table (MAST). The program involves weekly meetings at community partnering agencies with the intent to identify two people per week with complex needs which are not being successfully addressed by a single agency. Information is provided to agencies who may elect to offer assistance based on the case information and their mandates. The service agencies would then plan a coordinated approach. Currently, Kirsten Hargreaves and Inspector Ted De Jager of the Mission RCMP are overseeing the implementation of this initiative. Trainers will be brought in and initial online training is also available.

Data Collection – although the working group has not yet convened due to the need to identify exactly what data needs to be collected, several items have already been attended to such as: arranging a meeting with Ken Layton who designed the Stone Soup app, utilizing qualitative data from the homeless count, and speaking with Jennifer Hawkins of the Fraser Health Authority in regards to their data resources.

Engaged Community Guide Initiative – the funding source for this initiative came from the winter art draw fundraiser. The purpose of the program is to train several outreach-style volunteers as ‘Downtown Guides’ to support homelessness related initiatives, especially in the downtown area, with the goal of reducing social disruption and helping people get to the services and venues they require. Community Cares will be developing a free training session shortly so that the ‘Downtown Guides’ will be ready and can be deployed in the summer months. Member agencies will be asked to refer people.

Bridges out of Poverty and Circle of Support Program – Hope Central is working with Stone Soup and Community Cares to create a Letter of Understanding for delivering the programs. The funding for these programs will come from the United Way. The goal is to provide and coordinate community-based case teams for people in need. The Bridges out of Poverty team helps people

overcome of poverty, while the Circle of Support team provides transitional support.

Presentation / Workshop with Council – the presentation and workshop need to be scheduled as soon as possible. The goal is to report on the progress and obtain input from Council to get a clear direction for moving forward.

Community Cares – there has been a change to the course funding model. The online course remains free of charge but there is now a \$10 fee per module for those who wish to obtain certification. The Response Training course and the Focus on Anxiety course were both very well attended and received good feedback. A 'Go Find Yourself!' course will be offered for 7 sessions starting on March 28th. The course is designed to build resilience, self and social esteem, and has a therapeutic focus. More information can be obtained on Eventbrite.

Mental Health Week – they are working with Centennial Place to create a 90 minute panel discussion and presentation. The event has been tentatively booked for May 4th from 11:00 a.m. to 12:30 p.m. Robert Jeffery of Centennial Place advised that, this year, Mental Health Week is from May 1st to 5th. Centennial Place has held events for the public for Mental Health Week for the past six years. They will also be hosting workshops at the library, leisure centre and Riverside College. The last day of the week will include an open house where organizations are invited to set up a booth.

g) Data Collection Discussion

See 4(f) above – second paragraph.

h) Delegation: Stop the Sexual Exploitation of Children and Youth Awareness Week – Denika Klassen

Denika Klassen is a fifth year student at the University of the Fraser Valley who is enrolled in the Youth & Child Care degree program. She, and several other students, have formed a group to work on a community engagement project in regards to the issue of sexual exploitation of youth. The student group will be partnering with the 'Children of the Streets Society', which is based out of Coquitlam and gives presentations and holds galas from Coquitlam to Vancouver. Together, they will be hosting a forum called 'Protecting our Children: the Daisy Event' whose main purpose is to give workers, parents, and youth information around the issue of sexual exploitation, focusing specifically on the concern of children accessing and using online chatrooms. Daisies will be sold at the event with the student group deciding to which of the society's initiatives the proceeds will be allocated to. The event will be held on March 29th at the House of James Coffeehouse in Abbotsford from 6:30 p.m. to 8:45 p.m. There will be live music and speakers. Registration is not required, and everyone is welcome to attend.

Additional Items:

Leisure Centre PLAY Passes - Maureen Sinclair advised that Council has removed several limitations, such as the 3 month residency requirement, for the Mission Leisure Centre PLAY Pass Program. This program is designed for Mission residents who are on a limited income to provide them with free access

to the swimming pools, skating rink, weight room, fitness sessions, and twelve child minding sessions per year.

Naloxone Kits - Ms. Sinclair raised the concern of a potential drug overdose occurring at the Mission Leisure Centre. She advised that the centre hosts approximately 500,000 people annually and asked about the feasibility and need for leisure centre first aid attendants to have training and access to overdose-reversing Naloxone Kits. Dr. Andrew Larder of the Fraser Health Authority advised that it would depend on the demographics of the population who use the leisure centre how likely it would be that an overdose would occur on site. He invited Ms. Sinclair to contact him to discuss the specifics.

5. ADJOURNMENT

Moved by Sanjay Gulati, and

RECOMMENDED: That the meeting be adjourned.

CARRIED

The meeting was adjourned at 5:20 p.m.

Next Meeting: May 9, 2017