

The **Minutes** of the **Mission Community Wellness Committee meeting** held in the Board Room at Riverside College, 33919 Dewdney Trunk Road, Mission, British Columbia, on Tuesday, September 12, 2017 from 4:00 p.m. to 5:30 p.m.

Members Present: Bob Ingram, Acting Committee Chair, Mission Seniors' Centre Assn.
Cynthia Coyle, Fraser House Society
Brynn Fominoff, Fraser Health Authority
Sanjay Gulati, Mission Community Services Society
Jennifer Hawkins, Fraser Health Authority
Paul Horn, Member-at-Large
Leesa Kelly, Mission Outreach Network
Joanna McBride, Volunteer Mission
Nicole Martin, Mission Division – Divisions of Family Practice
Judith Ray, Member-at-Large
Elizabeth Thomas, Member-at-Large
Kirsten Hargreaves, Manager of Social Development, District of Mission
Wendy Jimmie, Mission Friendship Centre Society
Nicole Kiniski, Member-at-Large

Others Present: Jenny Hill, Corporate Administration, District of Mission
Wade Osborne, University of the Fraser Valley - Master of Social Work Student

1. CALL TO ORDER at 4:04 p.m.

Bob Ingram chaired the meeting.

2. ADOPTION OF AGENDA

Moved by Sanjay Gulati, and

RECOMMENDED:

1. That item 4(c) "Mission Food Access Network (MFAN) Update – Elizabeth Thomas" be moved further down on the agenda until such time as Ms. Thomas is able to attend the meeting; and
2. That the agenda for the September 12, 2017 Mission Community Wellness Committee meeting be adopted as amended.

CARRIED

3. COMMITTEE MINUTES FOR APPROVAL

Moved by Judith Ray, and

RECOMMENDED:

That the minutes of the January 10, 2017 Mission Community Wellness Committee meeting be adopted as amended.

CARRIED

4. FOLLOW UPS, UPDATES & PRESENTATIONS

a) Delegation: Community Resource Navigator Position - Impacts and Findings - Jen Ortman

The 'Community Resource Navigator Position – Impacts and Findings' delegation was deferred due to Jen Ortman being unable to attend the meeting.

b) Fraser Health Frail Seniors Prototype Committee Update

Brynn Fominoff gave a PowerPoint presentation regarding 'The Frail Seniors Initiative in Mission'. The presentation outlined the program's goals, current and projected statistics, capacity building, enhanced care capacity, physician and team partnerships, future plans, and the collaboration with community based services organizations. Ms. Fominoff also provided the definition of a 'frail senior' for the Committee as: a person who is 70 years old or older with health needs who is identified as a 5 or above on the 1 through 7 frailty score.

Sanjay Gulati then reviewed the seniors' programs and services which the Mission Community Services Society's provides such as the 'Senior's Program', 'Better at Home Program', 'Intake Procedure', 'Meals on Wheels' and 'Seniors' Connection'. He advised that upcoming services will include home repairs and bus trips.

c) Housing Needs Data Collection Project – Enlisting Your Support

- Sustainable Housing Committee Recommendations to Council and Next Steps
Kirsten Hargreaves and Wade Osborne advised that the Housing Needs Data Collection Project was begun in the summer and will continue to the end of the year. Mr. Osborne provided a PowerPoint presentation which covered some initial statistics. To date, the statistics show that the majority of the homeless people in Mission are long-term Mission residents, they are mainly single people or two-person families, with the main reason identified as unaffordable rent increases and unemployment. Most of the population surveyed stated that their housing needs were imminent and they required a residence that is close to transit.

It was noted that, although this presentation would be very compelling if presented to Council, footnotes would need to be added to qualify that the current data is only based only on a small sample size of the local homeless population.

Almost none of the peopled surveyed had a 'Ready to Rent' certificate. Discussion ensued in regards to providing incentives to encourage participation in the program versus ensuring the participants are ready to be successful in the program thus maintaining the validity of the certificates.

The Ready to Rent RentSmart Educator (Train the Trainer) program will be offered in Chilliwack in November. As Mission's two certified trainers are no longer available, a few representatives from Mission are invited, and encouraged, to attend to obtain this training.

- Housing Coordinator Role / October Workshop - Judith Ray, on behalf of the Sustainable Housing Committee, provided information in regards to the housing coordinator's role and the workshop with Council scheduled for October 10th.

- Vulnerability Assessment Tool (VAT) Training – BC Housing facilitators will be providing an all-day VAT training session in Mission on Monday, September 18th. Fifteen Mission representatives will be attending the program; with the majority of the participants taking the training to obtain their certification. After the session, participants are then required to schedule a one-hour appointment to provide a VAT interview for someone who is living homeless, which will be observed by the BC Housing Facilitators. After a successful interview, the participant will then receive their certification. The overall goal of this program is to provide a more coordinated approach to intake in regards to homelessness.
- Homelessness Action Week – The provincial Homelessness Action Week is from October 10th to 14th this year. Homeless Outreach Program members are asked to bring a project, event idea or public education item, which brings awareness to the issue of homelessness, to the outreach meeting being held tomorrow. Stone Soup will be sponsoring a screening of the movie, “Us and Them” at the Clarke Theatre on the evening of October 10th. They have student volunteers to help prepare the meal and are also seeking adult volunteers to assist. The kitchen at Rivendale is available for this purpose. Elizabeth Thomas will ask Lexi Richards, the coordinator for the MCSS Food Centre, if she is available act as a coordinator for the preparation of the meal. The agenda for the evening will be the dinner, the movie, and then a forum afterwards.
- Mission Housing/Homelessness Forum – Role for MCWC – the Mission Housing/Homelessness forum will either be held at the end of November or in early December. The goal of this event is to help educate the community in regards to the subject of homelessness in Mission. Currently the Mission RCMP are being flooded with phone calls in regards to this issue.

d) Mission Active Support Table (MAST) Update

The Mission Active Support Table (MAST) has now commenced with the first meeting held on July 13, 2017. These meetings will occur every second week. MAST will be conducting a comprehensive evaluation of the program at the six month mark, which will occur at the end of December, 2017. Ms. Hargreaves noted that the program has already achieved some successes.

e) Trauma Informed Practice / Adverse Childhood Experiences Summit

Trauma Informed Practice (TIP) – this year, the ‘Pulling Together’ annual conference will be held on October 20th. The goal for the event is to bring the entire community together to learn about the effects of ACEs and to facilitate interdisciplinary discussions on how to support children, youth and families from a trauma informed approach. Registration numbers are down this year as the conference is occurring on the same day at the Professional Development Day Teachers’ conference. Ms. Hargreaves advised that they are attempting to increase registration numbers and invited the committee members to attend and to help spread the word.

Adverse Childhood Experiences Summit (ACES) - Vancouver will be hosting a two-day ACES Summit on November 14th and 15th at the Sheraton in Vancouver. Ms. Hargreaves advised that she and other Mission representatives have been

invited to speak about the District's current initiatives and approaches to this problem.

Nicole Martin, with the Mission Division – Divisions of Family Practice, advised that Dr. Kornelsen, Mission Division's lead maternity doctor, will be presenting information, in regards to embedding the ACES core into antenatal care, at the Mental Health Module to other physicians in Mission. The goal of the presentation is to help all local general practitioners implement this initiative into their practice.

f) Bridges Out of Poverty / Circles of Care Coming to Mission – Support Needed

As Greg Elford was unable to attend the meeting, Paul Horn provided information in regards to the 'Bridges Out of Poverty' and 'Circles of Care' programs. Hope Central, Mission Community Services and the Stone Soup initiative group utilized funding received from a United Way grant to bring in a 'Bridges Out of Poverty' and 'Circles of Care' program trainer from Ontario. The trainer will provide further information about these programs during a day-and-a-half seminar which have been tentatively scheduled for October 31st and November 1st. The October 31st 'full-day Bridges Out of Poverty' session will be held for the community at large and anyone interested in learning more about the program and possibly becoming a trainer. The November 1st half-day session will be held for community-based providers to and will offer information on how a program such as this could be implemented in Mission. Interested parties are invited to email Greg Elford, Paul Horn or Sanjay Gulati if you are interested in attending.

g) Volunteer Centre Update – Joanna McBride

Joanna McBride provided a brief summary of the current status of Volunteer Mission. She advised she will be meeting with Sanjay Gulati and Paul Horn to discuss training opportunities for volunteers and partners. She noted that the Volunteer Mission Facebook page is back online and advised they will also be exploring sponsorship opportunities, putting up posters and getting articles in the paper. Also, there is now a short video available on the Volunteer Mission Facebook page which explains what Volunteer Mission does.

OTHER ITEMS:

Challenge Days – Leesa Kelly, of the Mission Outreach Network, advised that 25 adult volunteers are required to assist with in-school Challenge Days on November 7th, 8th, and 9th. The Challenge program is an intensive day for youth that goes beyond traditional anti-bullying efforts to build empathy and inspire compassion and positive change. The program addresses issues such as cliques, gossip, rumors, negative judgments, teasing, harassment, isolation, stereotypes, intolerance, racism, sexism, bullying, violence, suicide, homophobia, hopelessness and apathy. Contact Georgina at the Mission Outreach Network for further information or Laura Wilson for registration.

Diwali Festival of Light – Sanjay Gulati advised that the Diwali Festival of Light celebration will be held at the Clare Theatre on October 11th from 5:00 p.m. to 8:00 p.m. Everyone is invited to this free event which includes food, entertainment and a

multi-cultural community marketplace. A donation of non-perishable food items at the door will be greatly appreciated.

5. ADJOURNMENT

Moved by Sanjay Gulati, and

RECOMMENDED: That the meeting be adjourned.

CARRIED

The meeting was adjourned at 5:41 p.m.

Next Meeting: December 12, 2017