

The **Minutes** of the **Mission Community Wellness Committee meeting** held in Room 212 at Riverside College, 33919 Dewdney Trunk Road, Mission, British Columbia, on Tuesday, December 12, 2017 from 4:00 p.m. to 5:30 p.m.

Members Present: Shona Brown, Mission Division of Family Practice
Marilyn Collins, Xyolhemeylh
Cynthia Coyle, Fraser House Society
Sanjay Gulati, Mission Community Services Society
Paul Horn, Member-at-Large
Robert Jeffery, Centennial Place – Communities Supportive Care Society
Nicole Martin, Mission Division – Divisions of Family Practice
Melody Monro, Fraser Health
Carrie Prentice, Hope Central
Judith Ray, Member-at-Large
Elizabeth Thomas, Member-at-Large
Kirsten Hargreaves, Manager of Social Development, District of Mission
Nicole Kiniski, Member-at-Large
Maureen Sinclair, Parks, Recreation and Culture, District of Mission
Laura Wilson, Mission Early Childhood Development

Others Present: Jenny Hill, Corporate Administration, District of Mission
Ron Leger, St. Joseph's Food Bank
Barry McLeod, Youth Unlimited

1. CALL TO ORDER at 4:03 p.m.

Paul Horn chaired the meeting.

2. ADOPTION OF AGENDA

Moved by Nicole Kiniski

RECOMMENDED:

1. That item 4(a) Joanna McBride's Delegation - "Volunteer Hub Update" be removed from the agenda and replaced with Barry McLeod's Delegation – "MY House Update";
2. That a "Seniors Update" item be added as item 4(d) on the agenda, with the subsequent items being re-numbered accordingly;
3. That item 4(g) "Frail Seniors Initiative" be removed from the agenda;
4. That item 4(h) "ACE 125 Initiative" be removed from the agenda;
5. That item 5(b) "Capacity in 2018" be removed from the agenda and replaced with the item "Moving Forward"; and
6. That the agenda for the December 12, 2017 Mission Community Wellness Committee meeting be adopted as amended.

CARRIED

3. COMMITTEE MINUTES FOR APPROVAL

Moved by Elizabeth Thomas

RECOMMENDED:

That the minutes of the September 12, 2017 Mission Community Wellness Committee meeting be adopted.

CARRIED

4. FOLLOW UPS, UPDATES & PRESENTATIONS

a) Delegation: MY House Update – Barry McLeod

Barry McLeod of Youth Unlimited provided an update on the Mission Youth House (MY House) which has been open for over two years. They are currently working on a job creation program that is scheduled to commence in the new year. Also plans are being prepared to implement an Engaged Community Guide (ECG) for Youth program. They have applied for a “Proceeds of Crime” grant from the Civil Forfeiture Office to fund the ECG program and, if successful, plan to start training youth from MY House to act as youth guides in the community. He advised that the patrons of MY House have a strong sense of engagement with the program and often assist homeless youth and adolescents new to the area in navigating the system to obtain housing and other resources. MY House is currently open Monday to Thursday from 11:00 a.m. to 5:00 p.m. and on Fridays from 11:00 a.m. to 7:00 p.m., with plans to expand the hours of operation. Mr. McLeod invited the Committee members to attend MY House and noted that it is being well used and has contributed to numerous positive outcomes for youth in the community.

Over the next few months Mr. McLeod will be working at the Leisure Centre with youth who have exhibited behavioural issues and have been experiencing difficulties in adhering to the conduct expected at the Leisure Centre. His goal is to take a “restorative” approach to re-engage these adolescents back into Leisure Centre programs. He advised he has extensive experience with the Restorative Justice program and has previously worked at the Mission Leisure Centre Youth Lounge.

The Committee was invited to send letters of support to Barry McLeod or Calvin Williams at MY House for their grant application. The Committee was also encouraged to partner with the Committee’s organizations and to provide donations in-kind if possible (i.e. sharps containers, first aid kits etc.).

b) Social Development Update – Kirsten Hargreaves

School Based Social Work Project – Round #2 – Program is running again this year with four practicum students from UVF. Schools will likely be elementary schools that were not chosen last year. The data collected from this program is proving to be valuable in establishing barriers facing the school such as absenteeism and mental health. Mission was a pilot project last year and this year every community in the Fraser Valley is running this program.

RJ Youth Contract – Barry McLeod has been hired into a new contract which started December 1st and is ending March 31st. He will act as a mediator of sorts liaising between different agencies in looking to review communication policies and procedures both internally and as a whole.

MAST 6 Month Review – (Mission Active Support Team) The program will have been in operation for six months in December. In January the team will be brought in for an informal review to determine if the program is worthwhile and how to make it more successful moving forward.

Homelessness Forum Debrief – The Forum was held on November 30. There were 87 attendees counted and the majority appeared to be seniors. There was a lot of interest and positive feedback on the film.

Community Response Framework for ACES/TRIP – (Adverse Childhood Experience Summit). Funding for the LATCH Team (Local Action Team on Child Mental Health) has run out and the program will be ending December 31st. The program ran for two years and was very successful. Kirsten and Nicole attended the ACES Summit in November and presented on Mission's work. There were 600 attendees and it was beneficial to liaise with doctors and other support people in this setting. It appears Mission is one of the only communities working on an inter-sectorial basis and the feedback is very positive.

Integrated Plans and Action Framework – District of Mission and Mission School District administrators will be meeting to discuss the implementation of a community response framework. Discussion ensued regarding the use of the Middle Years Development Instrument (MDI) and Early Development Instrument (EDI).

Opioid Response Letter of Interest Response – the University of Victoria has invited all communities in the province to submit a letter of interest in engaging their citizens in a dialogue about opioid and other drug use. The University's Centre for Addictions Research of BC (CARBC) will provide selected applicants with grants ranging from \$2,000 to \$15,000 to assist with costs associated with hosting community dialogues.

Vicarious Trauma Workshop – a Vicarious Trauma Workshop was provided for front line staff, such as bylaw officers, who regularly deal with homeless people. This team will be brought back to provide mental health training for managers. The Mobile Response Team (MRT) is able to provide support to any person or group who has been impacted by the opioid crisis.

c) Stone Soup Update – Paul Horn

ECG Program (Engaged Community Guides) – The program is funded primarily through proceeds from the Art Draw held last year. It consists of seven people made into two teams of Engaged Community Guides (one near Haven in the Hollow and the other near the downtown core). Team members are former recipients of services who have received community training. They are being paid a stipend of \$15/hour and each guide works 6 hours per week undertaking a variety of duties to help on the street, including needle pickup. The program is a week and a half in and is beyond meeting expectations. Currently there is funding for six weeks, so we will be asking DOM and other local businesses if

they would like to partner. The committee will also look for contributions in kind. MCSS has been a large help and they have made a contribution of employees and allow the volunteers to meet in their buildings. The Committee will be applying for various grants.

Bridges Out of Poverty/Stone Soup Circles – This workshop came out of funding from Stone Soup, Community Services and Hope Central. Gail Montgomery and Kim Gaudet were brought from Ontario and spoke on “communicating to the community”. The event was successful and created momentum. Bridges Out of Poverty is a three-step process starting with the training of staff in the community. People come in on a referral basis (second stage level) where they are experiencing risk. They will be trained over roughly a six week period and for the long-term they will be surrounded with community engaged volunteers. There are already a lot of volunteers on board with this program and it expected to launch next year.

Coordination – The need for a Coordinator Position within Stone Soup has been established. Job description is in the process.

Fundraisers – Stone Soup is selling “Little Piece of Canada” raffle tickets. Sixty percent of funding to Stone Soup programs and 40% to ACES 125 Seniors Initiative. MY House, Coldest Night of the Year is happening February 24.

d) Seniors Update

ACE 125 – (Aging Community Entrepreneurs; 125 refers to the 125 anniversary of Mission). Some of the fundraising from the “Little Piece of Canada” raffle will be used to promote intergenerational work where senior entrepreneurs pass their knowledge to young people in the community.

Seniors Centre – Seniors are upset with the uncertainty and mixed messaging regarding the various proposals for the Seniors Centre.

Moved by Nicole Kiniski

RECOMMENDED:

That the Mission Community Wellness Committee draft a letter to Council stating:

1. The Committee supports the development of an intergenerational Senior/Community Centre to ensure the health and wellness of the seniors in our community.
2. The Committee offers its assistance to Council in the planning and moving forward of this project.

CARRIED

e) Sustainable Housing Update – Housing Needs Study Phases 2 – 5 – Judith Ray

An update will be provided after the next meeting.

Mission Community Services Society Update – Sanjay Gulati

Elks Extreme Weather Beds – implementation of the Elks Extreme Weather Beds has been hindered due to BC Housing not funding women and children together. It was noted that housing for youth is under the jurisdiction of the Ministry of Children and Families (MCFD). BC Housing will only fund adults. There is the possibility of using the space as a warming centre or navigation centre. The navigation centre would be open in the evening and redirect people to resources. The Committee agreed the offer of space from the Elks was something they did not want to lose. There is a Sustainable Housing Committee meeting this Thursday and there will be discussions about this program and ways to possibly receive some emergency funds from Council.

Capacity Challenge – This item was not discussed at the meeting.

Mission Food Access Network (MFAN) and Food Resources Continuation – MFAN has collapsed due to loss of funding. They were in charge of updating a brochure that was handed out in the community advising where free food was available. Sanjay will email Paul and Robbie and they will work towards a solution to keeping this brochure up to date.

Suggestion Moving Forward – Sanjay Gulati attended the Integrated Grant Forum. As the current grant funding is down to \$60,000, less than half of the previous year's funding, each organization will only receive \$10,000 to \$12,000. He suggested implementing a grant partnering committee that could work to obtain grants and then decide on the most judicious use of the funds. Available grant funds such as the United Way and the Restorative Justice program were discussed.

f) Hope Central Update – Copper Hall and The Penny – Carrie Prentice

Carrie Prentice provided a quick overview of Copper Hall and The Penny. She advised that Copper Hall is now operational and is intended to be utilized as a community place. The facility will be used to hold the Christmas dinner hosted by the Long-term Inmates Now in the Community (LINC) organization. People are encouraged to attend breakfasts there as their goal is to partner with other relief organizations and utilize the facility to connect with the clients.

5. HOUSEKEEPING ITEMS

a) Proposed MCWC Meeting Schedule for 2018 – Kirsten Hargreaves

Due to time constraints, the Committee was unable to address the proposed 2018 MCWC meeting schedule. This item will be tabled until the first meeting in 2018.

b) Moving Forward – Paul Horn

Paul Horn suggested inviting back representatives from organizations such as the Mission School District, the Mission Friendship Centre, SARA and the Fraser Health Authority to the Mission Community Wellness Committee meetings. It was noted that health authority representatives are currently underrepresented on the Committee.

6. ADJOURNMENT

Moved by Sanjay Gulati

RECOMMENDED: That the meeting be adjourned.

CARRIED

The meeting was adjourned at 5:45 p.m.

Next Meeting: March 13, 2018