

The **Minutes** of the **Mission Community Wellness Committee meeting** held in Room 212 at Riverside College, 33919 Dewdney Trunk Road, Mission, British Columbia, on Tuesday, March 13, 2018 from 4:00 p.m. to 5:30 p.m.

Members Present: Shona Brown, Mission Division of Family Practice  
Marilyn Collins, Xyolhemeylh  
Sanjay Gulati, Mission Community Services Society  
Paul Horn, Member-at-Large  
Melody Monro, Fraser Health  
Kirsten Hargreaves, Manager of Social Development, District of Mission  
Maureen Sinclair, Director of Parks, Recreation and Culture, District of Mission  
Michele Lylyk, Ministry of Family and Child Services  
Andrew Larder, Doctor, Fraser Health  
Leesa Kelly, Outreach Team MSDPR  
Jennifer Ortman, District of Mission  
Danny Plecas, Councillor, District of Mission  
Swati Thakkar, Fraser Health  
Laura Wilson, Mission Early Childhood Development

Others Present: Bob Ingram, Mission Association for Senior Housing  
Dragana Djordjevic, Public Health Inspector, Fraser Health  
Dave Brown, Lookout  
Brenda Formosa, Administrative Assistant, District of Mission

**1. CALL TO ORDER** at 4:00 p.m.

Paul Horn chaired the meeting.

**2. ADOPTION OF AGENDA**

Moved by Shona Brown

RECOMMENDED:

1. That Item 5(a) "Proposed 2018 Meeting Schedule" be moved to 5(e); and
2. That the agenda for the March 13, 2018 Mission Community Wellness Committee meeting be adopted as amended.

CARRIED

**3. COMMITTEE MINUTES FOR APPROVAL**

Moved by Laura Wilson

RECOMMENDED:

That the minutes of the December 12, 2017 Mission Community Wellness Committee meeting be adopted.

CARRIED

**4. FOLLOW UPS AND UPDATES**

**a) Sustainable Housing Update - Housing Needs Study Phase – Kirsten Hargreaves and Jennifer Ortman**

The focus group is collecting data based on a five-phase program which includes handing out surveys to various at risk groups within the community. Surveys are being conducted with the intention of using the data to determine where the housing needs are and how to offer support. The group is currently in phase two surveying older adults, women, youth and families. It is the hope of the focus group to have usable data by the end of March, 2018.

**5. HOUSEKEEPING ITEMS**

**a) Proposed MCWC Meeting Schedule for 2018 – Kirsten Hargreaves**

This item was moved to 5(e).

**b) History/Values of the Community Wellness Committee – Paul Horn**

Paul Horn presented a slide show where he detailed the history of the Committee. He reviewed Committee protocol as well as values and goals moving forward.

Discussion ensued regarding specific wording of the values and the difference in meaning of the same term among the inter-sectorial agencies. Values need to be clear and concise to capture the correlation of the Committee.

The Committee's relationship to Council was discussed. The Committee works in a reciprocal role with the District of Mission Council providing a broader definition of wellness. There was discussion regarding the expectation of Council for the Committee. The Committee is expected to work in a partnership, determine needs, seek innovative solutions and liaise their findings and incentives with Council.

**c) Leadership/Membership/New Roles – Kirsten Hargreaves**

New Roles - Kirsten Hargreaves introduced Jennifer Ortman. Jennifer has been hired on a one-year term by the District of Mission as a Social Development Outreach Coordinator. It is the hope of the District that with Jennifer's assistance they will be able to grow the scale of initiatives that are currently in progress.

Leadership - Kirsten Hargreaves provided a handout brochure titled "Mission Community Wellness Committee". The handout provides visual value to the work of the Committee.

Membership - Membership was discussed. It was determined it would be beneficial to include key representatives from sectors that are currently under-represented or have no representation at all. Kirsten Hargreaves, Paul Horn and

Melody Munro will compile a list of organizations and/or people that the Committee would benefit from having in attendance at future meetings.

**d) Community Wellness Committee Priorities and Goal Setting for 2018 – Melody Monro**

Melody Monro spoke about setting goals for the Committee based on the five pillars of the Ottawa Charter for Health Promotion, namely:

1. Strengthen Community Action;
2. Develop Personal Skills;
3. Create Supportive Environments;
4. Re-orient Health Services; and
5. Build Healthy Public Policy.

Each attendee was asked to choose two goals and put them into one of the five category pillars. This information was collected and will be analyzed to determine what goals will be acted on and where the Committee may wish to add incentives.

**e) 2018 MCWC Meeting Schedule.**

There was insufficient time to discuss 2018 meeting dates. Kirsten Hargreaves will determine dates for 2018 and distribute.

**6. OTHER BUSINESS**

Kirsten Hargreaves, Melody Munro, and Paul Horn will liaise with respect to various housekeeping items discussed at the meeting. Detailed notes will be provided to the Committee.

**7. ADJOURNMENT**

Moved by Leesa Kelly

RECOMMENDED: That the meeting be adjourned.

CARRIED

The meeting was adjourned at 5:43 p.m.

**Next Meeting: To Be Announced**