

Skating Schedule

Spring 2019



Drop-in Ice Skating

Effective April 5 - 28

Friday	Sunday
Public Skate 6:45-8:15pm	Public Skate 1-2:30pm Parent & Child Hockey 2:45-4:00pm

No skate Apr 19.

Parent & Child Hockey: Adults and children 4-10 years require a helmet, gloves and stick. Children must have a helmet with a cage. Skate session held in South Arena. Please note, schedule subject to change.

Arena Guidelines

CSA approved helmets are recommended & all skaters must adhere to the Mission Leisure Centre code of conduct. Further guidelines are posted online.

Rentals: Skates & Ice Cleats \$4, Helmets \$1, Skate sharpening available, call for details.

Private Arena Bookings Available
Call 604-820-5368 for details.



Check out the
**Hockey/Ringette
Summer Camps**
on page 29 of the
Leisure Guide

Ice Sport Programs

Skating for Hockey/Ringette - Tots & Children

This program is perfect for beginner and intermediate level skaters. Participants will learn proper technique in skating, balance, edge control & puck or ring skills. Skates, gloves, stick and CSA approved hockey helmet with full face mask is required.

Preschool

Mon	6 Classes	3-5yrs	\$113
6644	Apr 1-May 13	1:30pm-2:15pm	

Children

Sat	5 Classes	3-12yrs	\$94
6645	Apr 6-May 25	11:30am-12:15pm	

MLC - South Arena Ice

FUNDamentals of Hockey/Ringette

In partnership with Beaudies House of Hockey, this class will teach introductory power skating and puck skills in a structured, fun environment. Full hockey or ringette equipment with stick is required.

Sat	5 Classes	5-12yrs	\$94
6646	Apr 6-May 25	11:30am-12:15pm	

MLC - South Arena Ice

Youth Week Skate

FREE!
Thu, May 2
7:00-8:30pm
For youth ages 13-18yrs

FREE! Skate & helmet rentals included.



CanSkate Program



Skate Canada's flagship program, was developed by experts to teach the fundamentals of skating in a progressive manner. Designed for beginners of all ages, the focus is on fun, participation and basic skill development - utilizing teaching aids, music and a variety of activities. CanSkate provides skaters with the best foundation for figure skating, hockey, speed skating & ringette and features group lessons led by a Mission Skating Club NCCP certified coach and assisted by trained Program Assistants. Coach to student ratio is 1:10.

Program Structure & Awards

Six progressive stages of learning including three Fundamental areas, concentrating on:

Balance: Forward skills, pushing technique & edges.

Control: Backward skills, stopping & speed elements.

Agility: Turning & jumping skills.

All Fundamental Area ribbons must be earned to pass a stage badge. Skill requirements for each Fundamental Area are indicated on the skater's report card.

Preschool Canskate

Tue/Thu	8/10 Classes	3-7yrs	\$98/\$122.50
6266	Apr 2-Apr 25	9:30am-10:15am	
6269	Apr 30-May 30	9:30am-10:15am	

Evening Skating Lessons

Tue/Thu	8/10 Classes	3-14yrs	\$98/\$122.50
6267	Apr 2-Apr 25	4:30pm-5:15pm	
6265	Apr 30-May 30	4:30pm-5:15pm	

Weekend Skating Lessons

Sat	7 Classes	3-14yrs	\$85.75
6268	Mar 30-May 25	10:30am-11:15am	

MLC - South Arena Ice

CSA approved helmet & Care Card required. Child must be comfortable in a group.



Follow Us Online!



mission.ca/leisure

604.820.5350

Parks Recreation & Culture